



# September 2017

## Adams Farm Living & Rehabilitation



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



•Red fruits and vegetables promote heart health.  
 •Yellow and orange fruits and vegetables may reduce risk of certain cancers.  
 •White fruits and vegetables promote healthy cholesterol levels.  
 •Green fruits and vegetables promote vision health.  
 •Blue and purple fruits and vegetables help maintain memory.

1  
 10:30 AM September Trivia  
 11:00 AM Sing-A-Long  
 11:00 AM Pray the Rosary  
 3:00 PM Horse Racing  
 6:30 PM Movie Night

2  
 10:30 AM Music in Motion  
 2:00 PM BINGO

3  
 10:00 AM Sunday Matinee  
 2:30 PM Bethel Baptist Church  
 4:30 PM Ted, The Music Maker

4  
 10:30 AM Update with a Cup of Joe  
 11:00 AM Name That Job  
 3:00 PM BINGO  
 6:30 PM The Beverly Hillbillies  
**LABOR DAY**

5  
 10:30 AM What Did It Cost?  
 11:00 AM Music Trivia  
 3:00 PM Birthday Party  
 6:30 PM Current Events

6  
 10:30 AM Worship Service  
 2:00 PM Chair Yoga  
 3:00 PM BINGO

7  
 10:30 AM Christian Biblical Entertainment  
 2:00 PM Culinary Corner  
 2:30 PM Resident Council  
 3:00 PM In Room Resident Council

8  
 10:30 AM Nancy McGimsey Sings  
 11:00 AM Pray the Rosary  
 11:30 AM Lunch Outing  
 3:00 PM Susan Tillman in Concert  
 6:30 PM Movie Night

9  
 10:30 AM Music in Motion  
 2:00 PM BINGO

10  
 10:00 AM Sunday Matinee  
 2:30 PM Bethel Baptist Church  
**GRANDPARENTS DAY**

11  
 10:00 AM Pet Therapy with Oakley  
 10:30 AM Reminiscing  
 11:00 AM Name That Tune  
 3:00 PM BINGO  
 6:30 PM The Dick Van Dyke Show

12  
 10:30 AM Sing-A-Long  
 11:00 AM Chicktionary  
 11:30 AM Lunch Outing  
 3:00 PM Chocolate Milkshake Social  
 6:30 PM Current Events  
**NATIONAL CHOCOLATE MILKSHAKE DAY**

13  
 10:30 AM Worship Service  
 2:00 PM Stars and Stripes Exercise  
 3:00 PM BINGO

14  
 10:30 AM Update with a Cup of Joe  
 11:00 AM Scruples  
 3:00 PM Wii Bowling

15  
 10:30 AM Life Community Church  
 11:00 AM Pray the Rosary  
 1:00 PM Massages and Manicures  
 3:00 PM Hangman  
 6:30 PM Movie Night

10:30 AM Music in Motion  
 2:00 PM BINGO

17  
 10:00 AM Sunday Matinee  
 2:30 PM Bethel Baptist Church

18  
 10:30 AM Fact of Crap?  
 11:00 AM Family Feud  
 3:00 PM BINGO  
 6:30 PM The Lucy Show

19  
 10:30 AM Update with a Cup of Joe  
 11:00 AM Karaoke  
 3:00 PM Card Games  
 6:30 PM New Beginnings Worship  
**PODIATRIST HERE**

20  
 10:30 AM Worship Service  
 2:00 PM Chair Dancing  
 3:00 PM BINGO

21  
 10:30 AM Which Came First?  
 11:00 AM Scattegory Ball Toss  
 3:00 PM Ladies' Club

22  
 10:30 AM The Ray Lloyd Show  
 11:00 AM Pray the Rosary  
 1:00 PM Massages and Manicures  
 3:00 PM Wine and Design  
 6:30 PM Movie Night

23  
 10:30 AM Music in Motion  
 2:00 PM BINGO

24  
 10:00 AM Sunday Matinee  
 2:30 PM Bethel Baptist Church

25  
 10:30 AM Autumn Trivia  
 11:00 AM The Price is Right  
 3:00 PM BINGO  
 6:30 PM Worship with Bob & Donna

26  
 10:30 AM Update with a Cup of Joe  
 11:00 AM Fact or Crap?  
 3:00 PM Arts and Crafts  
 6:30 PM Current Events

27  
 10:30 AM Worship Service  
 2:00 PM Conductorcise  
 3:00 PM BINGO

28  
 8:30 AM Adams Farm Café  
 10:30 AM Update with a Cup of Joe  
 11:00 AM Deal or No Deal  
 3:00 PM Men's Club

29  
 10:30 AM Balloon Volleyball  
 11:00 AM Would You Rather?  
 11:00 AM Pray the Rosary  
 1:00 PM Massages and Manicures  
 3:00 PM Family Feud  
 6:30 PM Movie Night

30  
 10:30 AM Music in Motion  
 2:00 PM BINGO